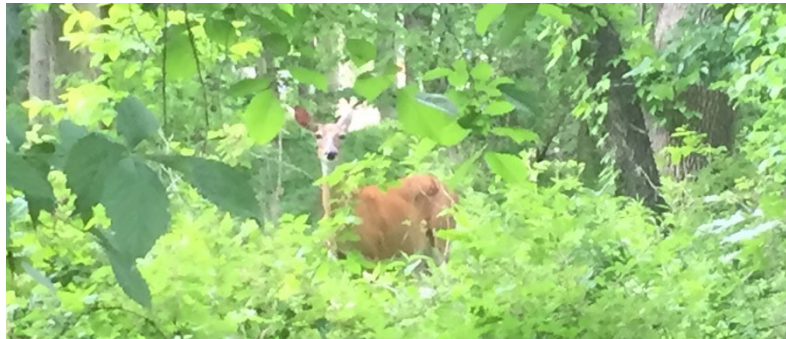


YARDLEY FRIENDS MEETING NEWSLETTER

April 2019

find us on
facebook



65 North Main Street, Yardley PA 19067
<http://yardleyfriendsmeeting.org/>

Meeting for Worship 10:00–11:00
First Day School 10:15–11:00

Linda Jacobs, Clerk
Ed Snyder, Newsletter Editor

This month at YFM

Apr 7

Committee Meetings following Meeting for Worship.

Apr 14

8:30. Men's Group. (Q. What is the Men's Group?
A. We meet in the office by the Meeting Room
and read excerpts from a book, currently *Life Lessons
from a Bad Quaker*, and discuss it...and whatever else
might come up.)

Meeting for Business following Meeting for Worship.

Apr 21

Easter Sunday – no Adult education

Apr 28

Adult education following Meeting for Worship –
Ted Taylor will speak about his Ministry.

Looking ahead

May 11

Children's Book Swap in the morning, other
activities/fun too!

Simple Gifts folk duo - workshop in the late
afternoon, concert in the evening.

Around the Quarter/PYM

Apr 5

6:30 dessert, 7 PM Film – The Human Element,
at Fallsington Meeting.

Apr 20

10-2. Quakerism 101 at Wrightstown Friends
Meeting. (If you are new, or not so new, to
Quakerism, this is an excellent workshop! See
details in Quakerphernalia and/or on our bulletin
board.

Looking ahead

May 19

Quarterly Meeting at Doylestown

Jul 24-28

PYM Annual Sessions at The College of New
Jersey

*See this month's Quakerphernalia for details and all events
and activities!*

Please continue to hold Holly Olson in the Light.

Your Francis and Betty Irwin calendar inspiration for the month

My mission in life is not merely to survive, but to
thrive and to do so with some passion, some
compassion, some humor and some style.

Maya Angelou

Treat Yourself

In the last Clerks Corner, I stated early Quakers believed the emphases on outward luxuries cause a person to focus on their self more than fellow human beings. Earlier Quakers lived a life of plain dress, speech and outward simplicity. You can't spot a Quaker today by how they dress or speak. Our testimony of simplicity is more than meets the eye.

This got me thinking about the luxuries we have in our lives. Do they become so important we care less about helping others?

I think of a few instances that remind me that we need to look after ourselves first in order to be there fully for others. The most basic example is survival. In an airplane we are reminded in case of an emergency to put on our oxygen mask first or we may not be able to help our neighbor. Not only is it okay to do for ourselves, it's often necessary.

I remember a statement made by the CEO of a YWCA that really made me think. She was a special lady that helped many local people in need. She said if we don't do for ourselves first we have less to give to others. Many of us are taught the opposite. We feel guilty about doing things for ourselves.

Should we indulge in non-essential, frivolous things? I remember my Mother talking of the movies and entertainment during depression and WW II. She said they didn't want serious movies. They needed fun entertainment to cheer them up. I can see her point and it rings true today.

I started writing this in the beginning of March. There are many restful contemplative beautiful things in winter. Yet, by the end of winter, many of us may feel a bit depleted. I know I'm ready for spring! The season makes me reach a bit further for cheerful things. Many of us are involved with the problems of the country. Doing what we can is important. Helping others helps everyone. That in itself makes us feel good. However, don't we need fun things that keep us smiling?

Refresh yourself! Do some things to cheer yourself up. Many things that keep us happy are simple things. A walk by the river, time spent with loved ones, the first flower of the season. Sometimes outward luxuries perk us up. I've taken to switching sometimes from NPR news to listening to classical music. Think what lifts your spirit. Do it! You are worth it. Remember the light isn't only in other people; it's in you. If you don't replenish yourself how can you keep working to make this a better world?

Talking about treating yourself, make sure you come to Yardley Meeting to see Simple Gifts on May 11 (<http://www.simplegiftsmusic.com/videos.html>). Some of you may have seen them when they were here a few years ago. Two very talented and entertaining women bring us a workshop and concert of whole world music and instruments from all over the globe. Religious Education will be sponsoring a book swap earlier in the day. It should be a fun time for everyone. Tell your friends. Everyone deserves a good time!

A note from your newsletter editor

If you have info for the next newsletter, please e-mail me at ed@mrppplansinc.com. Cut-off is the 25th of each month. Feel free to write with suggestions for improvements. **If you are reading a hard copy and don't mind having it e-mailed, please let me know and we can save some paper and postage.**

Ed Snyder

Newsletters can be found on our website at <http://yardleyfriendsmeeting.org/news/>

Query 4. Nurturing Our Community: Care for the Meeting

Do we help each other to live with integrity and contribute that integrity to the life of our meeting?

How does our meeting learn of members' needs and offer its assistance?

How does our meeting nurture members in all stages of life?

How does our meeting welcome those new to Friends and integrate them into our community?

When a member's conduct or manner of living gives cause for concern, how does the meeting respond?

Am I ready both to offer and to accept meeting assistance when needed?

Do I treat adults and children alike with respect and without condescension?

What opportunities have I taken to know, work and worship with Friends in the larger spiritual communities we share?



Simple Gifts Folk Duo at YFM May 11

Workshop 4-5:30
Music Concert 7-9

<http://www.simplegiftsmusic.com/>

Two women plus twelve instruments equals one good time when Simple Gifts takes the stage. This award-winning band performs on an impressive array of instruments, including two violins, mandolin, hammered dulcimer, recorders, banjo, and guitar plus some more unusual instruments like the bowed psaltery, baritone fiddle, shruti box, banjolin, guitjo, and doumbek.

Simple Gifts presents a wide variety of ethnic folk music, including everything from lively Irish jigs and down-home American reels to hard-driving Klezmer freilachs, haunting Gypsy melodies, and exotic Balkan dance tunes. Throughout their performances, they put their own distinctive stamp on traditional tunes, blending styles from diverse cultures with their American roots.

Free admission – grant provided by the Pennsylvania Council of the Arts with additional funding from Yardley Friends Meeting.

"These women share a chemistry that infuses their music with energy, integrity, and joy. Theirs is a special gift." --David W. Johnson, Boston Globe

"Listening to [Simple Gifts] is like sampling an international buffet ... The number of instruments they pick up in a typical concert makes the group anything but simple. ... [This is] acoustic music of the highest order." --Will Lebzelter, Centre Daily Times

"Simple Gifts wowed our audience with a cultural and educational program that was fun, informative, and energetic." --Teresa Bush, Smithsonian Institution